

CALENDARIO OCU DE VERDURAS



enero	febrero	marzo	abril	mayo	junio	julio	agosto	septiembre	octubre	noviembre	diciembre
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Acelga

✓	✓	✓	✓	✓	✓			✓	✓	✓	✓
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Ajo

✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
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Alcachofa

✓	✓	✓	✓	✓				✓	✓	✓	✓
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Apio

✓	✓	✓	✓	✓				✓	✓	✓	✓
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Berenjena

✓	✓	✓	✓	✓				✓	✓	✓	✓
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Brócoli

✓	✓	✓	✓	✓	✓			✓	✓	✓	✓
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enero	febrero	marzo	abril	mayo	junio	julio	agosto	septiembre	octubre	noviembre	diciembre
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Calabacín

✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
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Calabaza

		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
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Cardo

✓	✓								✓	✓	✓
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Cebolla

✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
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Col lombarda

✓	✓	✓	✓	✓				✓	✓	✓	✓
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Coliflor

✓	✓	✓	✓	✓	✓			✓	✓	✓	✓
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	enero	febrero	marzo	abril	mayo	junio	julio	agosto	septiembre	octubre	noviembre	diciembre
 Rábano	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
 Remolacha	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
 Repollo	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓
 Tomate	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
 Zanahoria	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Fuente: Organización de Consumidores y Usuarios